

## CHAKRA-PUNCTURE

An evolutionary technique in Bodywork



**Chakra-puncture** is a complementary healing modality that is based on the Science of our energy centres, known in ancient texts as Chakras and Nadis. This evolutionary form of therapy consists of needles applied very lightly to the skin in specific patterns on the body that can help to restore energetic harmonious balance and order to the energetic state of being and, in turn, to the physiology of the body. There have been well over 50,000 sessions so far from which to draw a wealth of support for the benefits this modality provides.

### BENEFITS TO THE PRACTITIONER

- expand your services
- discover a deep form of healing
- a perfect and equal partner to massage therapy
- rejuvenates your own healing
- easy on your body; longevity benefits
- increase business with dual room application

### BENEFITS TO THE CLIENT

- deeply calming
- restorative and practitioner interactive
- very safe and needle phobic friendly
- develops relationship with healing programs
- effective and relevant to today's demands

# POST-GRADUATE COURSE: Chakra-puncture

## CERTIFICATE OF CHAKRA-PUNCTURE

(Subjects 1 – 6)

On completion of the Certificate of Chakra-puncture the Professional Massage Therapist or Bodywork Practitioner will be able to incorporate Chakra-puncture techniques into a client's treatment program to further support their wellbeing.

On Completion of Subjects 1 - 6 you will receive an Evolve College qualification (Non-Accredited): **Certificate of Chakra-puncture.**

## DIPLOMA OF CHAKRA-PUNCTURE

(Subjects 7 – 14)

On completion of the Diploma of Chakra-puncture the Professional Massage Therapist or Bodywork Practitioner will be able to provide specific Chakra-puncture treatment programs involving the delivery of a full professional Chakra-puncture session.

On Completion of Subjects 7 - 14 you will receive an Evolve College qualification (Non-Accredited): **Diploma of Chakra-puncture.**

Non-Accredited Qualification:  
Post-Graduate qualification issued by Evolve College.

### CERTIFICATE OF CHAKRA-PUNCTURE

Chakra-puncture Practitioner  
Subjects 1 – 6

- \* Professional Integrity
- 1 Foundations of Chakra-puncture
- 2 History of Healing and Medicine 1
- 3 Energetic Anatomy and Physiology 1
- 4 Chakra-puncture and the Body 1
- 5 Chakra-puncture and the Body 2
- 6 Chakra-puncture Practice 1

#### \* Professional Integrity

Professional Integrity is Evolve College's signature subject and is included in your course. Professional Integrity relates to everyone - no matter what our profession is or our choice of expression within the workplace, we all have a responsibility to bring professional integrity to our professional practice.

### DIPLOMA OF CHAKRA-PUNCTURE

Chakra-puncture Practitioner  
Subjects 7 – 14

- \* Professional Integrity
- 1 Foundations of Chakra-puncture
- 2 History of Healing and Medicine 1
- 3 Energetic Anatomy and Physiology 1
- 4 Chakra-puncture and the Body 1
- 5 Chakra-puncture and the Body 2
- 6 Chakra-puncture Practice 1
- 7 History of Healing and Medicine 2
- 8 Energetic Anatomy and Physiology 2
- 9 Energetic Anatomy and Physiology 3
- 10 Chakra-puncture and You 1
- 11 Chakra-puncture and You 2
- 12 Healing with Chakra-puncture 1
- 13 Healing with Chakra-puncture 2
- 14 Chakra-puncture Practice 2

**Pre-requisite Qualification:** HLT50307 Diploma of Remedial Massage or minimum of 2 years bodywork training



## 01 Foundations of Chakra-puncture

Introduces the energetic sciences and practical needle skills that found Chakra-puncture practice.

## 02 History of Healing and Medicine 1

Introduces the historical background of energetic healing methods that form the foundation of which Chakra-puncture is a contemporary ongoing expression of the ancient wisdom.

## 03 Energetic Anatomy and Physiology 1

An introduction to an energetic understanding and view of the energetic role and relationship all parts of the body and the organs play in the overall function of us as human beings.

## 04 Chakra-puncture and the Body 1

An introduction to Chakra-puncture configurations and the power of healing they offer.

## 05 Chakra-puncture and the Body 2

Further exploration of the physical application of Chakra-puncture in the body, its effects and true purpose, as well as developing further the understanding of both the role of practitioner and client.

## 06 Chakra-puncture Practice 1

You will undertake Chakra-puncture sessions in a clinical setting where the philosophy of practice comes together to create a foundation of confident practice.

## 07 History of Healing and Medicine 2

A continuation of the survey of the History of Healing, considering other energetic healing methods that have been used in the past and continue to this day.

## 08 Energetic Anatomy and Physiology 2

Expands upon Energetic Anatomy and Physiology 1, building further upon the energetic understanding of the body, exploring more areas and regions of the body.

## 09 Energetic Anatomy and Physiology 3

Further study of the body and all its organs through the understanding and studying of inner qualities and outer expressions of each and every organ.

## 10 Chakra-puncture and You 1

Explores the relationship between you and your life, Chakra-puncture, and as a whole, each and every treatment that you will give.

## 11 Chakra-puncture and You 2

A further expansion and deepening of Chakra-puncture and the vast world of Chakra-puncture configurations.

## 12 Healing with Chakra-puncture 1

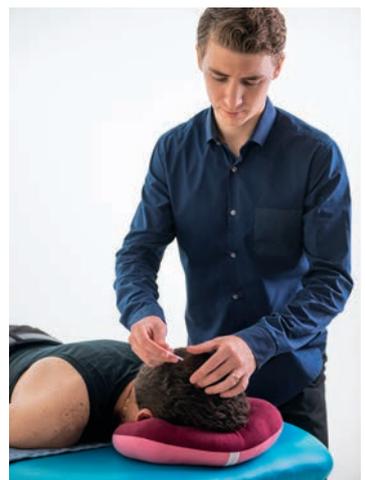
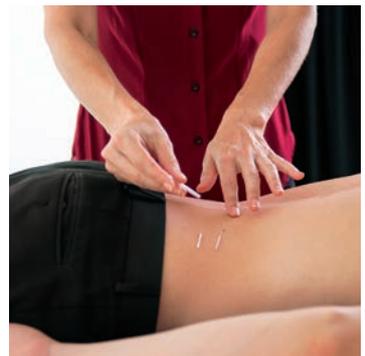
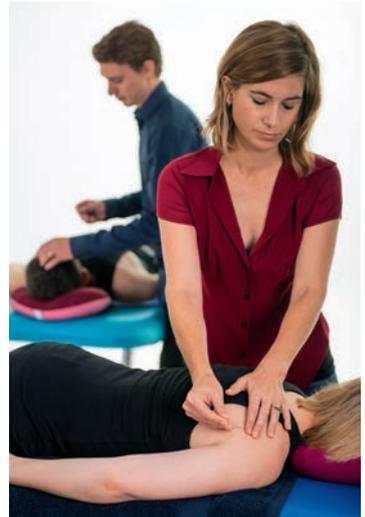
Provides a sound understanding of the use of Chakra-puncture programs and why they are so important, deeply healing and powerful.

## 13 Healing with Chakra-puncture 2

Explores in greater detail the powerful application of Chakra-puncture through different types of programs in relation to energetic and physical illness, disease and ailments.

## 14 Chakra-puncture Practice 2

Further development and refinement of your skills and your capacity to provide a clinical session experience for your clients (and yourself) that truly serves to heal.



# EVOLVE COLLEGE CHAKRA-PUNCTURE TRAINERS

## Neil Ringe B.Ac. B.H.Sc.



Neil holds the only Bachelor of Acupuncture Degree of its kind and a Health Science Degree (Pathology and Nutritional Biochemistry). He has been in practice for over 30 years in a career that has included 8 years clinical study in Japan. Neil has studied Acupuncture with such eminent practitioners as Serizawa Katsusuke, Giko Iizuka, and Ikeda Masakazu as well as the Toyo Hari Association. Neil also studied and taught Aikido at the World Headquarters in Japan. Neil was instrumental in helping introduce Japanese Acupuncture to Australia in the early 1990's, being part of the first group to put on seminars in this Japanese modality, presenting prominent Japanese Acupuncturists to the Australian profession. Besides having taught Acupuncture in Japan he formerly taught Acupuncture to the Australian Physiotherapy Association and presented yearly at the Acupuncture Study Group's national annual conference. Neil's practice of Japanese Acupuncture evolved and deepened into a much more inner approach culminating in the development of a new way of delivery in the early 2000's. In the mid 2000's a transformation in Neil's approach occurred which

brought a change into true healing, since then Neil ceased practicing Acupuncture and has practiced Chakra-puncture as his sole modality. Neil's long standing relations with many within the medical profession and other healthcare systems is based on a fundamental principle that we build professional relationships for the purpose of supporting everyone. Neil's message is simple: "The hallmark of being a true practitioner is that we all work together". Neil's combined experience in Acupuncture and Chakra-puncture of over 30 years, as a practitioner, educator and presenter, demonstrates a level of professional competency unmatched in Australia. Neil's career is today devoted to teaching and practising Chakra-puncture.

## Rebecca Poole Masters TCM, BHSc (Acu)



Rebecca is an experienced clinician having been involved in the complementary medicine industry for 16 years and practicing fulltime in her busy clinic for the last 12 years. Rebecca was part of the first group of practitioners in Australia to study Acupuncture and TCM to a masters level and her academic background includes study in massage, Acupuncture, herbal medicine and healing. Rebecca has mentored many new graduates and been a lecturer and course writer for the Bachelor of Health Science Acupuncture program and the Evolve College Chakra-puncture program. Rebecca has experience in building a multi-practitioner clinic including, massage, nutrition, Acupuncture, Chakra-puncture and healing, and adds to her wealth of clinical and business experience through engagement with the wider community where she is a regular presenter on the topics of women's health and wellbeing. In 2008 Rebecca shifted her successful practice from Acupuncture to Chakra-puncture and has been a full-time Chakra-puncture practitioner since. Through her ongoing commitment to academic studies, Rebecca has developed an understanding and respect for

quality research, and is dedicated to supporting practitioners in gaining the awareness required to avoid practitioner burnout as well as supporting those practitioners already experiencing this.

## Michael Benhayon Adv.Dip.Acu



Michael has over 7 years clinical experience in the practice of Chakra-puncture, seeing up to 60 clients on a weekly basis. He also has over 5 years experience teaching and educating hundreds of students and advanced practitioners in Chakra-puncture as well as additional health-care services. Michael has an Advanced Diploma of Acupuncture and had the opportunity to train extensively with practitioners of very high esteem within the industry. Michael was integral to the establishment and development of the Chakra-puncture modality. He is a Complementary health practitioner, Chakra-puncture modality trainer and has hosted, presented and facilitated various health and wellbeing retreats in Brisbane, Melbourne and Sydney for many years. Such as is his demand, Michael's clientele base extends beyond Australia and he regularly consults in the UK and European countries offering Chakra-puncture consultations to people from all walks of life. Michael's deep regard and integrity within the treatment room extends to all aspects of his life creating a strong and powerful foundation of living with true wellness. From this foundation of true wellness,

Michael is able to support both students and clients to experience and hold this same care within their work and lives. Michael has worked with many students from esteemed complementary health practitioners to those just beginning their studies, to support and grow their understanding of true health and wellbeing and to learn the sacred art that is Chakra-puncture.

## TESTIMONIALS



### Alan Johnston

I have been having regular Chakra-puncture sessions for more than two years now. The treatments are completely non-invasive, very nurturing and profoundly restful in the truest sense of facilitating a space to 'rest in fullness'. What has changed is

that I have over time begun to feel more and more how my body feels.



### Francisco Clara

Having never liked needles it was a pleasant surprise to experience a practitioner applying the fine needles in such a gentle and tender way just into the surface of the skin, hardly feeling anything. The trust that automatically flowed from this experience then allowed

me to let go of tensions and the feelings of protection that I carried in my body.



### Lee Green

Chakra-puncture is a stop for me, a chance for me to lie down on a massage table and let go of all of the external drivers that seemingly have pushed me all over the place. Fine needles are placed delicately onto my skin, and I can allow myself to feel the tension of how I have

been running myself. Time seemingly halts and the deep rest that follows, is so needed and supportive.

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